



TRAINING AND PROJECTS

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Course Title: Provide Risk-Based Primary Emergency Care/First Aid in the Workplace

SAQA ID: 120496

NQF Level: 2

Credits: 5

Course Description:

This course equips learners with the skills and knowledge to provide primary emergency care or first aid in a workplace setting, focusing on risk-based scenarios. It emphasizes the ability to assess workplace risks, provide emergency care according to established protocols, and stabilize injured or ill persons until professional medical help arrives. The course also covers the appropriate use of first aid equipment and ensures that learners can handle a variety of workplace emergencies.

Course Objectives:

By the end of this course, learners will be able to:

- Assess emergency situations and the risks involved in the workplace.
- Administer primary emergency care for injuries or sudden illnesses based on the risk profile of the workplace.
- Stabilize casualties until further medical assistance is available.
- Use first aid equipment correctly and effectively in various emergency scenarios.
- Respond to a wide range of potential workplace hazards and risks.

Benefits of Completing this Course:

- Enhance workplace safety through risk-based emergency care.
- Obtain the skills necessary to save lives and minimize injury in a work environment.
- Contribute to occupational health and safety programs by being prepared for emergencies.
- Receive a recognized qualification that adds value to your role in workplace safety.
- Be prepared to manage risks associated with your specific work environment.

Who Should Attend:

- Workplace Safety Representatives and OHS professionals.
- Supervisors and team leaders in high-risk environments.
- Employees in industries with a high incidence of workplace accidents, such as construction, manufacturing, and mining.
- Anyone responsible for first aid in the workplace or those who want to improve their emergency response skills.



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Assessment:

Assessment will be based on learners' ability to demonstrate understanding and practical application of primary emergency care in the workplace. This may include:

- Written tests covering first aid principles and risk-based care.
 - Practical demonstrations of first aid techniques, including stabilization of injuries.
 - Scenario-based assessments to test learners' ability to respond to various workplace emergencies.
 - Group discussions on risk assessment and emergency planning.
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Specific Outcomes and Assessment Criteria:

By successfully completing this SAQA Unit Standard, learners will demonstrate competency in the following:

1. Identify and Assess Workplace Emergency Situations:

- Identify potential risks and hazards in the workplace that may lead to emergencies.
- Assess emergency situations to determine the type of response required based on risk.
- Assessment Criteria: Written and practical assessments to demonstrate the ability to assess emergency situations and identify risks.

2. Provide Risk-Based Emergency Care for Injuries or Sudden Illnesses:

- Administer primary care based on the specific risks of the workplace, addressing injuries such as bleeding, fractures, burns, and sudden illnesses (e.g., heart attacks).
- Stabilize casualties by administering care until professional medical help arrives.
- Assessment Criteria: Practical demonstration of administering emergency care for different types of injuries and illnesses in a simulated workplace scenario.

3. Use First Aid Equipment in Emergency Situations:

- Demonstrate the correct use of first aid equipment, including bandages, splints, and defibrillators, in line with workplace risk profiles.
- Assessment Criteria: Practical assessment of the correct usage of first aid equipment in various emergency scenarios.

4. Manage Multiple Casualties in Workplace Emergencies:

- Demonstrate the ability to manage multiple casualties in high-risk workplaces, prioritizing care based on the severity of injuries.
- Assessment Criteria: Scenario-based exercises to assess the learner's ability to manage multiple casualties and make critical decisions under pressure.



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5. Understand Legal and Ethical Considerations in Workplace First Aid:

- Understand the legal and ethical obligations of providing first aid in the workplace, including the duty of care and adherence to health and safety regulations.
- Assessment Criteria: Written assessment on legal and ethical considerations and the role of first responders in workplace safety.

Completing this course will enable learners to provide effective, risk-based primary emergency care in their workplaces, ensuring a safer and more prepared working environment.